

Young Life Beyond Malibu

MOUNTAIN GUIDE (INTERN) JOB DESCRIPTION

Pre-summer

- I. Attend 4 guide training weekends and First Aid weekend from March through June. Any exceptions must be arranged with the Beyond Director.
- II. Obtain necessary mountaineering equipment needed for the spring and summer's climbing such as pack, boots, gaiters, rain gear, ice axe, helmet, etc. A detailed list is available online.
- III. Complete required pre-summer assignments in a timely manner including material covering counseling, mountaineering skills, Bible study preparation, trail teaching, first aid, etc.
- IV. Maintain physical fitness level appropriate for summer demands, completing all assignments in this area.
- V. Attend to personal spiritual health. Turn in calendars as described in the manual introduction.
- VI. Obtain certification in Wilderness Advanced First Aid (WFA) (minimum acceptable level).

Summer

- I. **Responsible to the acting Intern/Guide Team Leader(s)** who will assign each intern/guide weekly to one of the following:
 - A Beyond trip (expect 3-5 each summer)
 - A reconnaissance trip (to explore new routes or learn current routes)
 - Base camp (Counseling at Young Life Camp may be substituted for 1 week of base camp assignment in the event of an overriding commitment)
 - A. Get together with GTL weekly to discuss needs and concerns.
 - B. Meet with GTL periodically to review personal goals and performance review including a final evaluation
 - C. Review job description mid-season and update, revise and comment on as necessary.
- II. **Work in a team capacity with 1 or more intern/guides assigned to the same trip in both the planning and implementation of trip spiritual content, and in the physical leadership.** The model of relationship between interns/guides is that of partnership, where each has opportunity and responsibility to use their respective gifts and abilities. Both men and women must accept full responsibility in a cooperative manner.
 - A. During a trip intern/guides should communicate daily regarding each other's feelings, thoughts, and plans (which includes spiritual content, activities and other trip related issues).
 1. Intern/Guides should have at least 1 formal meeting together (including the trip counselor if appropriate) each day of a trip. This time should include prayer and it is suggested that intern/guides pray for one another and each participant during these times.
 2. Hopefully there will be numerous informal communications during each day. This may not happen easily or even naturally. You must be responsible to make it happen.
- III. The determination of intern/head guide will be made by the acting GTL's.
 - A. Where safety or expediency calls for it, the designated intern/head guide will take leadership in the team.
 - B. The intern/head guide will be held ultimately responsible in seeing that team meets for group discussion of spiritual content, group dynamics and prayer are held daily. Any intern/guide may initiate a meeting but the communication is so important that there is a need to assign someone to have "bottom line" responsibility to make certain it happens regularly.
 - C. Work together to teach and incorporate the following on a trip:

1. **Spiritual/emotional/social growth:** Encourage individual reflection, evaluation, and goal setting during guided time alone, group discussion, teachable moments, one-on-one time, etc. This means leading daily Quiet times, Bible studies and discussion of topics related to individual and the groups spiritual journey.
 2. Mountain skills (i.e. rest step, self-arrest on snow, rock climbing, rappelling, campsite set-up, pack adjustment, etc.)
 3. Cooking (stoves, food, etc.). It can work well to ask the person who carried the meal to be in charge of cooking and cleanup
 4. No trace/minimum impact camping methods and reasons for these methods
 5. Safety (including hypothermia, blisters, dehydration, sunburn, route hazards, clothing, route finding, map & compass, boundaries of adventure etc.)
 6. Hiking -- 6 hours/day on the average
 7. Environmental Ethics:
 - a. Appreciation for God's creation and man's position in it
 - b. The wilderness ecosystem (i.e. basic knowledge of flora & fauna, geology, astronomy, meteorology etc.)
 8. Closure: Provide time at end of trip for personal application of week's learning's. This may be on the trail or back at base camp and may include any/all of the following:
 - a. Sharing of highs and lows during week
 - b. Strength bombardment
 - c. Completion of written trip evaluation (required)
 - d. Time of celebration and spiritual worship
 - e. Writing a letter to self to be mailed to camper the following winter
 - f. Sharing of how fears/expectations expressed day 1 were lived out
 - g. Sharing of goals (for home) established during trip
- D. One member of the intern/guide team should be the designated first aider and will carry the Beyond first aid kit. This person will have primary responsibility for the administration of first aid and monitoring of each individual's health. The other intern/guide would be responsible for large picture critical incident management.

IV. Each intern/guide is responsible for obeying all policy regarding safety, base camp procedures, etc.

- A. See that all equipment needing repair is reported to the Equipment Manager.
- B. See that all stoves, cooking gear, etc. are returned in spotless (as much as possible) condition.
- C. Saturday: Help with change over day activities.
- D. Read Beyond Malibu Policy Statements.

V. In base camp, each intern/guide will be available to help out where needed and when requested to do so and will respect scheduled times together in community activities. While in base camp intern/guides are responsible to whoever is in leadership that particular week and to the individuals to whom leadership is delegated. This always includes the GTL's.

- A. The Beyond base camp is in a beautiful wilderness area on Princess Louisa Inlet and is quite primitive. During the weeks in base camp, the intern/guide staff joins the base camp staff in working hard, as well as playing and praying together as a community.
- B. Interns/Guides will use appropriate times for study and training to better prepare themselves for their work in the mountains.

Between summers

I. Each intern/guide will be expected to continue developing their skill in the year between the first and second summers by;

- A. **Stay** in ministry. (Preferably continuing in your current ministry involvement, rather than start in a new ministry)
- B. Growing in faith- being in a community of believers who can challenge you and provide accountability.
- C. Complete monthly bible studies and homework assignments in a timely manner.
- D. Practice mountain skills. (Do things that will challenge you)